

## Eucharistic Prayers

### Prayer for / after Holy Communion

My Jesus, I love and adore you. You have come to me; I am one with You. I want You to remain with me forever, in this life and in the next. Thank You for allowing me to share Your divine life. May I become more like You through this sacred Food. Let me never take You for granted, but always pray for those whose lives are dark with sin and ignorance and selfishness. Let me remember, in the words of Saint Paul, that "there, but for the grace of God, go I." Each day, I can become more like You, O Lord. And each day I can pray for those who have never heard the Gospel, or who have heard it and rejected it. Amen.

### Eucharistic Prayer

O Lord, may my eyes that behold You elevated above the altar only look upon what is pure and good.

May I use my eyes to see others as You see them, as Your precious and beloved children.

May my hand that holds Your precious body touch others only with love and compassion.

May my tongue which touches Your Precious Body and Precious Blood for a moment only speak truth, kindness, and love.

May my mind which contemplates You understand the value and great love You give me.

May my heart understand the true and sacrificial love You have for me.

May my soul one day be in Heaven with You. Amen